

Your Reading Supplement for Work and More

# "PRODUCTIVITY IS BEING ABLE TO DO THINGS THAT YOU WERE NEVER ABLE TO DO BEFORE."

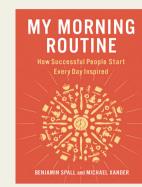
- FRANZ KAFKA



# CURATED READS

## **Getting More Done** in Less Time

Why do some people get more work done in the same amount of time? Instead of working harder, perhaps it's time to readjust our habits to enable us to work smarter. Afterall time is finite and we all have the same 24 hours everyday. Here are some resources to help you make the most of your (work)day.



### My Morning Routine

by Benjamin Spall, Michael Xander Call no.: English 646.7 SPA

All rights reserved, New York: Portfolio Penguin, 2018.

Waking up is hard to do but with the right routine, you may just look forward to doing so! Based on interviews with 64 of the world's most successful individuals, this book provides a multitude of ideas to kickstart your day on the right note.

Borrow the book <u>here</u>.

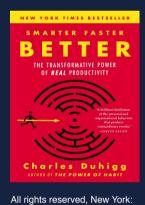
**Smarter Faster Better** 

Getting Things Done:
The Art of
Stress-Free Productivity

Improve Your Productivity

10 Incredibly Easy Ways To

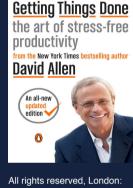
by Charles Duhigg Call no.: English 158 DUH by David Allen Call no.: English 658.4093 ALL -[BIZ] ForbesLife Article



Random House, 2017.

Why do we do what we do? According to Charles Duhigg, how we think and view the world can drastically affect our productivity. A fascinating look into the science of productivity, this book posits eight key concepts that will help you become smarter, faster and better at everything that you do.

Borrow the e-book <u>here</u>.



Piatkus, 2019.

Who says productivity needs to be stressful? In this timely update to a business classic, David Allen demonstrates how productivity is directly proportional to our ability to relax.

Borrow the book <u>here</u>.



Being more productive doesn't mean you have to implement a drastic overhaul in the way you do things. Here are 10 simple ways to improve your productivity.

Read more <u>here</u>.

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